

Do You Like Your Child Sucking Fingers

Aged 0-2 years old

Researches by the child psychologists show that it is an in-born psychological need for babies to suck their fingers. The 'sucking' action will give them a sense of security.



Aged 2-4 years old



There is no need for parents to worry too much about the finger sucking habit. In general, children will quit the habit when they start schooling due to peer influence. Also, local surveys showed that 80% of the infants stop the habit after the age of 2 years. Therefore, there is no need to encourage or discourage the habit in your child. The children will quit the habit themselves at their appropriate time. Furthermore, do not laugh at their finger sucking behaviour lest you impose unnecessary psychological pressure on them or even aggravate their finger sucking need.

Aged 4 years old or above

If children continue the finger sucking habit beyond the age of 4 years, then it may affect the growth of their jawbones and the alignment of their permanent teeth. In that case, you may consult a dentist for way to help your child stop the habit of sucking fingers.

