

Message to Parents

- Parents are invited to attend the workshop organized by the Oral Health Trainers to learn oral health care knowledge, systematic toothbrushing procedure and flossing technique.
- In order to ensure that the parent can manage the systematic toothbrushing procedure and flossing technique, his/her skills will be assessed by the Oral Health Trainers.
- Every night the parent observes the child when he/she brushes his/her teeth. Then the parent teaches the child the toothbrushing procedure sequentially according to his/her learning ability.
- Every night the parent uses two minutes to teach the child one step only.
- Before the child can completely manage the toothbrushing skill, the parent has to help him/her brush the teeth that he/she cannot thoroughly clean and use dental floss to clean the adjacent tooth surfaces so as to maintain his/her oral health good.
- If the child has an improvement in the skill, the parent will evaluate his/her skill and record this in the evaluation form. Otherwise, the evaluation is done every month.
- When a child can completely manage the skill of a section of the toothbrushing procedure, the parent will inform the Oral Health Trainer for assessment. If the assessment is passed, the child will proceed to learn the next section of the toothbrushing procedure.